

Education of the Heart

The Vancouver-based Dalai Lama Center for Peace and Education is an embodiment of His Holiness the XIV Dalai Lama's life-long commitment to compassion and inner well-being. Founded in 2005 by the Dalai Lama and Victor Chan, the Center is envisioned as a world-class institution, firmly grounded in Vancouver yet present and influential on the global stage.

The Center has no religious or political affiliations. It promotes peace through education, personal transformation, and dialogue. The Dalai Lama believes that vital, sustainable communities depend upon many small, individual acts of compassion and helpfulness. By thinking less about ourselves and more about the well-being of others, we enhance our growth and happiness. By helping others, we contribute to the greater good. Along the way, our lives and the lives of others are transformed.

"Educating the heart" is the Center's tag line. The Center will provide a learning environment that cultivates mindfulness: the integration of mind, body, and spirit. It will encourage heightened awareness within of our inner potential through diverse practices of art. And it will provide a venue for creative interpretation of the world's many wisdom traditions.

By bringing peace into our own lives, the Center will help to bring peace into the world.

The Dalai Lama Center for Peace and Education educates the heart and fosters compassion through: creative learning, facilitating and applying research, and connecting people and ideas.

The Center encourages values such as compassion, forgiveness, tolerance, contentment and self-discipline through engagement with the community. These are the values that contribute to peace and harmony locally, nationally and globally. We believe that most people embrace and recognize the importance of these values, but often don't know how to access the information and guidance they seek to bring them into their lives. We will help them do that.



Fazle Hasan Abed is a Bangladeshi social worker, and the founder and chairman of BRAC (formerly, Bangladesh Rural Advancement Committee). Born in 1936 in Bangladesh, Abed was educated in Dhaka and Glasgow Universities. For his outstanding contributions to social improvement, he has received the Ramon Magsaysay Award, the UNDP Mahbub Ul Haq Award. Abed is a member of the Commission on Legal Empowerment of the Poor, the first global initiative to focus specifically on the link between exclusion, poverty and law.



Karen Armstrong, a former Roman Catholic nun, is considered a powerful voice for ecumenical understanding. One of the most provocative, original thinkers on the role of religion in the modern world, she has written more than 20 books exploring the commonalities shared by the religious faiths of Islam, Judaism and Christianity. As a speaker and writer, she asserts that all major religions embrace the core principle of compassion and the Golden Rule. She has also identified that many of today's religions bear similar strains of fundamentalism which she argues is borne of frustration with contemporary life and current events. In 2008, she was awarded the TED Prize in recognition and support of her call for a council of Christian, Muslim and Jewish leaders to draw up a "Charter of Compassion," which would apply shared moral priorities to foster greater global understanding.



Ela Bhatt is the founder of the Self-Employed Women's Association (SEWA) in India – a trade union benefiting the poor, which now has more than 1,000,000 members. Bhatt was a Member of the Indian Parliament from 1986 to 1989, and subsequently a Member of the Indian Planning Commission. She has received honorary doctorates from Harvard, Yale, the University of Natal, and other academic institutions. She is a member of The Elders, a collection of world leaders working to address difficult global challenges. **Ela R. Bhatt** is widely recognised as one of the world's most remarkable pioneers and entrepreneurial forces in grassroots development. Known as the "gentle revolutionary" she has dedicated her life to improving the lives of India's poorest and most oppressed women workers, with Gandhian thinking as her source of guidance.



Kim Campbell was the first woman in Canadian history appointed Prime Minister, serving as the 19th Prime Minister of Canada from June 25 to November 4, 1993. Before becoming Prime Minister, Campbell was the Minister of Justice and Attorney General of Canada. During that time she amended the

Criminal Code of Canada to make improvements in the areas of firearms control and sexual assault laws. Upon her retirement from politics Kim Campbell taught at Harvard University. For four years she served as Consul General of Canada in Los Angeles. She has played an active role in many international organizations, including the International Women's Forum and the Club of Madrid. Campbell lectures frequently about women and leadership, and is also an author, consultant and corporate director.



Stephen Covey is recognized as one of Time magazine's 25 most influential Americans, Stephen R. Covey has is an internationally respected leadership authority, family expert, teacher, organizational consultant, and author. He is the motivational author of *The 7 Habits of Highly Effective People* and cofounder of the New York Stock Exchange listed company FranklinCovey, which provides businesses with leadership training and productivity tools. His books focus on leadership, management, productivity in the workplace, and the values of family and a happy home life.



Susan Davis is a thought leader in international development and civil society innovation. She is founder and President & CEO of BRAC USA, a newly created organization to support BRAC's global expansion to Africa and other countries in Asia. She is also a founding board member and former Chair of the Grameen Foundation. Davis serves on Ashoka's international board committee that selects Ashoka Fellows and led Ashoka's Global Academy for Social Entrepreneurship. She co-founded the University Network for Social Entrepreneurship and oversaw Ashoka's expansion to the Middle East, North Africa and Central Asia. She is a senior advisor to New York University's Reynolds Program on Social Entrepreneurship. She serves on numerous other boards including Project Enterprise, Sirleaf Market Women's Fund, and African Women's Development Fund USA. She is on Mary Robinson's Advisory Council of Realizing Rights and is a member of the Council on Foreign Relations. She was educated at Georgetown, Harvard and Oxford universities.

participants



Abigail E. Disney is the Founder and the President of the Daphne Foundation, a progressive, social change foundation that makes grants to grassroots, community-based organizations working with low-income communities in New York City. Since 1991, the Daphne Foundation has made millions of

dollars in grants in areas ranging from women's rights to AIDS advocacy, children's health, labor conditions, religion, and environmentalism. Over the years Abigail has played a critical role in a number of different social and political organizations. She recently retired as Chair of The New York Women's Foundation, of which she was a board member for over 14 years. Abigail received her Bachelors degree from Yale University, her Masters degree from Stanford University, and her Doctorate from Columbia University.



Murray Gell-Mann is an American physicist who received the 1969 Nobel Prize in physics for his work on the theory of elementary particles. He is currently Distinguished Fellow at the Santa Fe Institute as well as the Robert Andrews Millikan Professor Emeritus at the California Institute of Technology,

where he joined the faculty in 1955. He is the author of *The Quark and the Jaguar*, published in 1994, in which his ideas on simplicity and complexity are presented to a general readership. In 1988 Professor Gell-Mann was listed on the United Nations Environmental Program's Roll of Honor for Environmental Achievement (The Global 500). He also shared the 1989 Ettore Majorana "Science for Peace" prize. He was on the U.S. President's Science Advisory Committee from 1969 to 1972 and the President's Committee of Advisors on Science and Technology from 1994 to 2001.



Matt Goldman created Blue Man Group with longtime friends Chris Wink and Phil Stanton and opened Off-Broadway at the Astor Place Theatre in 1991, where it continues to play

today. Blue Man Group now has productions running in Boston, Chicago, Las Vegas, Orlando, Berlin, Basel and Tokyo, and has grown beyond a theatrical show into a multi-dimensional creative organization - developing and producing rock tours, TV shows, albums, DVDs, film scores, musical instruments, museum exhibits and more. Throughout their long association, Matt, Chris and Phil have been fascinated by the interconnections between learning, creativity and community. Inspired by these passions, Blue Man Group has recently expanded its Mission, putting education at the forefront and launching the Blue Man Creativity Center and Early Childhood Program in Manhattan.

& speakers



Clyde Hertzman completed training in Community Medicine and epidemiology at McMaster University in Hamilton, Ontario and has been on faculty at the University of British Columbia in the Department of Health Care and Epidemiology since 1985. Nationally, he is a Fellow of the Canadian Institute

for Advanced Research and holds a Canada Research Chair in Population Health and Human Development. Internationally, he has played a central role in developing a conceptual framework for the "determinants of health", that places early childhood development at the centre. He is currently directing 'HELP', the Human Early Learning Partnership of British Columbia. HELP is an interdisciplinary network of researchers from BC's universities who study early child development 'from cell to society'. The World Health Organization has designated HELP as the global Knowledge Hub for Early Child Development under the auspices of its International Commission on the Social Determinants of Health. Through the Commission, HELP is promotig the global importance of early social and emotional development



Swanee Hunt's mission is to achieve gender parity, especially as a means to end war and rebuild societies, as well as to alleviate poverty and other human suffering. Dr. Hunt, Eleanor Roosevelt Lecturer in Public Policy, was the Founding Director of the Women and Public

Policy Program at Harvard's Kennedy School of Government, where she also teaches "Inclusive Security", exploring why women are systematically excluded from peace processes and the policy steps needed to rectify the problem. She is currently core faculty at the Center for Public Leadership. An expert on domestic policy and foreign affairs, Hunt is president of Hunt Alternatives Fund, through which she has committed more than \$120 million in endowments and grants to provoking social change at local, national, and global levels. The Fund operates out of Cambridge, Massachusetts and is focused on strengthening youth arts organizations, supporting leaders of social movements, bolstering women's leadership in conflict regions, combating sexual trafficking, and increasing philanthropy. Ambassador Hunt also chairs the Washington-based Institute for Inclusive Security (including the Women Waging Peace Network), which advocates for the full participation of all stakeholders, particularly women, in peace processes. She has conducted research, training, and consultations for women leaders in some 60 countries.



Mairead (Corrigan) Maguire is a Nobel Peace Laureate (1976) Hon. President and Co-founder of the Peace People, Northern Ireland. Maguire was responsible for co-founding the Peace People, together with Betty Williams and Ciaran McK-cown, in 1976, after her Sister Anne's three children were

knocked down and killed by an I.R.A. (Irish republican Army) get-away car when a British soldier killed its driver. Consequently, a number of marches were organized in Northern Ireland demanding an end to the violence in Northern Ireland. She has continued her work with inter-Church and inter-faith Organizations, and is a member of the International Peace Council. She is also a Patron of the Methodist Theological College and N.I. Council for Integrated Education, and a member of the Nobel Women's Initiative. Maguire has received many honours and wards, including an honorary doctorate from Yale University, the 'Pacem in Terris' Peace and Freedom Award, the Nuclear Age Peace Foundation's 'Distinguished Peace Leadership Award' and the Nobel Peace Laureate Award.



Laurene Powell Jobs is Founder and President of the Board of College Track, an after-school program that prepares at-risk high school students for higher education. Through its three centers in the San Francisco Bay Area, College Track provides a comprehensive program of academic support, leader-

ship training, community service and extra-curricular involvement. In addition to her work in education reform, Powell Jobs has a strong focus on non-profit entrepreneurship, with an emphasis on women's human and economic rights. Her board affiliations include Global Fund for Women, New Schools Venture Fund and Stanford Schools Corporation. She also serves on the Advisory Board of Stanford Graduate School of Business. Laurene holds a B.A. and a B.S.E. from the University of Pennsylvania and an MBA from Stanford University.

Worry pretends to be necessary but serves no useful purpose. - Eckhart Tolle

We want to disarm human hearts and human beings, one by one, country by country. - Mairead Maguire

Dialogue of Minds

We have learned that change cannot come through war. War is not a feasible tool to use in fighting against the oppression we face. War has caused more problems. We cannot embrace that path.

– Rigoberta Menchu Tum

Peace is not just the absence of war. It's a world with justice and equality. It's a world where the basic needs of the majority of the people on our planet are met. If we stop spending money on war and the weapons of war, we'd have more than enough to invest in these basics of long-term peace. People should have basic housing, access to medical care, education, and work. Everyone should have clean drinking water and food to eat every day. – Jody Williams

“The Nobel Peace Prize is not awarded for what one has done, but hopefully what one will do.”

– Betty Williams

I am not interested in picking up crumbs of compassion thrown from the table of someone who considers himself my master. I want the full menu of rights.

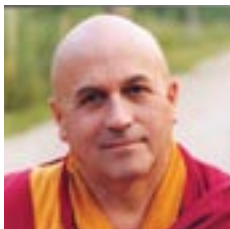
– Desmond Tutu

*Be kind whenever possible.
It is always possible.* – Dalai Lama

By making your clients women, you serve the entire family [and community] better.

– Fazle Hasan Abed

speakers



Matthieu Ricard is a Buddhist monk, an author, translator, and photographer. He earned a Ph.D. degree in cell genetics at the renowned Institut Pasteur under the Nobel Laureate Francois Jacob. He is a board member of the Mind and Life Institute,

an organization dedicated to collaborative research between scientists and Buddhist scholars and meditators. His latest book, *L'Art of Meditation* has sold over 120,000 copies during its first three months of publication, and has been featured in all the major magazines and television shows in France. He is engaged in the research on the effect of mind training and meditation on the brain at various universities in the USA (Madison, Princeton, and Berkeley) and Europe (Zurich). He received the French National Order of Merit for his humanitarian work in the East. For the last few years, Ricard has dedicated his effort and the royalties of his books to various charitable projects in Asia, that include building and maintaining clinics, schools and orphanages in the region. Since 1989, he has acted as the French interpreter for the Dalai Lama.



Sir Ken Robinson, Ph.D. is an internationally recognized leader in the development of creativity, innovation and human resources and a New York Times best selling author. He works with governments in Europe, Asia and the USA, with international agencies, Fortune 500

companies, and some of the world's leading cultural organizations. He was the central figure in developing a strategy for creative and economic development as part of the Peace Process in Northern Ireland. For 12 years he was Professor of Education at the University of Warwick in the UK and is now Professor Emeritus. He was been honored with the Athena Award of the Rhode Island School of Design for services to the arts and education; the Peabody Medal for contributions to the arts and culture in the United States, and the Benjamin Franklin Medal of the Royal Society of Arts for outstanding contributions to cultural relations between the United Kingdom and the United States. In 2005 he was named as one of Time/Fortune/CNN's 'Principal Voices'. In 2003, he received a knighthood from Queen Elizabeth II for his services to the arts and education. He speaks to audiences throughout the world on the creative challenges facing business and education in the new global economies.



Mary Therese Winifred Robinson served as the seventh, and first female, President of Ireland, serving from 1990 to 1997, and the United Nations High Commissioner for Human Rights, from 1997 to 2002. Robinson has been Honorary President of Oxfam International since 2002;

she is Chair of the International Institute for Environment and Development (IIED) and is also a founding member and Chair of the Council of Women World Leaders. She serves on many boards including the GAVI Fund. Robinson's newest project is Realizing Rights: the Ethical Globalization Initiative, which fosters equitable trade and decent work, promotes the right to health and more humane migration policies, works to strengthen women's leadership and encourage corporate responsibility. Since 2004, she has also been Professor of Practice in International Affairs at Columbia University, where she teaches international human rights. Robinson also visits other colleges and universities where she lectures on human rights. In 2004, she received Amnesty International's Ambassador of Conscience Award for her work in promoting human rights.



Kimberly Schonert-Reichl began her professional career first as a middle school teacher and then as a secondary school teacher at an alternate school for “at risk” adolescents. For over 20 years Dr. Schonert-Reichl has been conducting research in the area of the child and adolescent social-emotional development with

an emphasis on discerning the developmental processes/mechanisms associated with positive development across childhood and adolescence, especially in relation to school settings. Before arriving at University of BC, Dr. Schonert-Reichl served as a National Institute of Mental Health (NIMH) Postdoctoral Fellow in the Clinical Research Training Program in Adolescence at the University of Chicago and Northwestern University Medical School, Dept. of Psychiatry. For the past several years, Dr. Schonert-Reichl has worked in collaboration with educators across British Columbia in the area of social and emotional learning and, in 2004 she was awarded the Vancouver School Board Recognition Award in acknowledgment of her support for district initiatives regarding social responsibility and social and emotional learning.

There cannot be any excuse for not removing poverty. The priorities have to change. – Ela Bhatt

& participants



Dan Siegel, M.D., is an award-winning educator and the Executive Director of the Mindsight Institute. The institute is an educational organization that focuses on how the development of insight, compassion and empathy in individuals, families and communities can be enhanced by examining the interface of human relationships and basic biological processes. Dr. Siegel served as a National Institute of Mental Health Research Fellow at UCLA, studying family interactions with an emphasis on how attachment experiences influence emotions, behavior, autobiographical memory and narrative. He is the author of the internationally acclaimed text, *The Developing Mind: Toward a Neurobiology of Interpersonal Experience* (1999). He serves as the Founding Editor for the Norton Series on Interpersonal Neurobiology. His book with Mary Hartzell, M.Ed., *Parenting from the Inside Out: How a Deeper Self-Understanding Can Help You Raise Children Who Thrive* (2003) explores the application of this newly emerging view of the mind, the brain, and human relationships. Siegel's latest book is *The Mindful Brain: Reflection and Attunement in the Cultivation of Well-Being* (2007).



Maria Owings Shriver is an award-winning American journalist, author and First Lady of California. She is married to Governor Arnold Schwarzenegger, and is a member of the Kennedy family. Shriver has used her voice to advocate on behalf of women, the working poor, the intellectually disabled

and families struggling with Alzheimer's. She has created groundbreaking programs and initiatives that educate, enlist, empower, connect, and honor people who are what she calls "Architects of Change." Shriver has organized these initiatives under a banner called WE. Under Shriver's leadership, The California Governor and First Lady's Conference on Women has grown into the nation's premier forum for women, with more than 14,000 attendees every year since 2004. The conference encourages women to become Architects of Change in their own lives, in their communities, and in the country. Hundreds of world opinion leaders and newsmakers have spoken at the conference, including Oprah Winfrey, Justice Sandra Day O'Connor, Secretaries of State Condoleezza Rice and Madeleine Albright, Barbara Walters, Governor Arnold Schwarzenegger, former Prime Minister Tony Blair, Bono, and His Holiness the Dalai Lama.

The strength of women will only be realized when we have engaged the faith and confidence of men in our leadership abilities. – Swanee Hunt



Eckhart Tolle is a Spiritual Teacher and author born in Germany and educated at the Universities of London and Cambridge. At the age of 29 a profound inner transformation radically changed the course of his life. He began to work in London with individuals and small groups as a counselor and spiritual teacher. Since 1995 he has lived in Vancouver, Canada. Eckhart Tolle is the author of the #1 New York Times bestseller *The Power of Now* (translated into 33 languages) and the highly acclaimed follow-up *A New Earth*, which are widely regarded as two of the most influential spiritual books of our time. Eckhart's profound yet simple teachings have already helped countless people throughout the world find inner peace and greater fulfillment in their lives.



Jody Williams served as the founding coordinator of the International Campaign to Ban Landmines (ICBL) until February 1998. In 1997, Williams and the ICBL were awarded the Nobel Peace Prize. Along with sister Laureate Dr. Shirin Ebadi of Iran, Jody Williams took the lead in establishing the "Nobel Women's Initiative," together with sister Laureates Wangari Maathai (Kenya), Rigoberta Menchu Tum (Guatemala) and Betty Williams and Mairead Corrigan Maguire (Northern Ireland). Launched in January 2006, its mission is to use the prestige and access afforded by the Nobel Prize to spotlight and promote efforts of women's rights activists, researchers and organizations working to advance peace, justice and equality for women. Williams, a widely published writer and author, serves as its chair. In February-March 2007, Professor Williams lead a High Level Mission on Darfur for the UN's Human Rights Council. She presented the Mission's hard-hitting report to the Council in March and is now actively involved in work related to stopping the war in Darfur. Professor Williams continues to be recognized for her contributions to human rights and global security. She is the recipient of 15 honorary degrees, among other recognitions. In 2004, she was named by Forbes Magazine as one of the 100 most powerful women in the world.



Betty Williams, along with Mairead Maguire, was awarded the Nobel Prize for her work as a cofounder of Community of Peace People, an organization dedicated to promoting a peaceful resolution to The Troubles in Northern Ireland. She heads the Global Children's Foundation and is President of the World Centers of Compassion for Children International. She is also the Chair of Institute for Asian Democracy in Washington D.C. and a Distinguished Visiting Professor at Nova Southeastern University. In 2006, Williams was one of the founders of the Nobel Women's Initiative along with sister Nobel Peace Laureates Mairead Corrigan Maguire, Shirin Ebadi, Wangari Maathai, Jody Williams and Rigoberta Menchu Tum. In the 30 years since the award, Williams has devoted her life to creating a new way forward, a movement to begin a reversal of thinking on how the world deals with the injustices, cruelty and horror perpetrated on the world's children. Williams has travelled the globe recording the testimonies of children who have been subjected to horrors. In her travels, it became evident to Williams that to create the changes necessary and persuade governments to listen to the voices of their children, legislative changes must be implemented (legislation to protect children).



In 1984 **Archbishop Desmond Tutu** was awarded the Nobel Peace Prize for his nonviolent work to end apartheid and bring equality for the people in South Africa. In 1986 he became the first black person to be Archbishop in the Anglican Church of South Africa. Archbishop Tutu continues to be a world leader in the struggle for human rights. He believes that all people are God's children, sisters and brothers, members of the same family.



Professor Sakena Yacoobi is President and Executive Director of the Afghan Institute of Learning (AIL), an Afghan women-led NGO she founded in 1995. The organization was established to provide teacher training to Afghan women, to support education for boys and girls, and to provide health education to women and children. Under Sakena's leadership AIL has established itself as a groundbreaking, visionary organization which works at the grassroots and empowers women and communities to find ways to bring education and health services to rural and poor urban girls, women and other poor and disenfranchised Afghans.